

# Step by Step: Sports Day

- 1) Decide on the sports you will be playing
  - a. Heavy contact sports are most likely not allowed
  - b. Decide whether you plan on having a more organized style or a pickup and play style
  - c. Sports with a more pickup style can be
    - i. Basketball
    - ii. Ultimate Frisbee
    - iii. Soccer
  - d. Sports with a more organized style can be
    - i. Field Hockey
    - ii. Disc Golf
    - iii. Horseshoes
- 2) Find a location to have the event
  - a. Local Parks or Community Centers are the best areas to have sports events as they usually have the facilities already there
  - b. You can often find a large park for free, Community Centers may cost a small amount to rent, don't forget to mention DeMolay is a non-profit
  - c. If you have the event somewhere public, you may be able to recruit prospects while playing
  - d. Make sure the location has the facilities that you need
- 3) Find an appropriate budget
  - a. You will need food and especially water for all those attending
  - b. Incorporate the cost, if any, of the facility you are planning on using
  - c. Make sure you have the supplies you will need for the sport you planning, Frisbee's for disc golf, Footballs for Brotherhood Ball, etc.
- 4) The Execution
  - a. If you have a tournament, assign one to three people to keep track of the winners of each game
  - b. Make sure all players stay hydrated and cool down when needed
  - c. Don't let players get too competitive
  - d. Keep teams fair and balanced
  - e. Make sure to have referees, these can be advisors or DeMolay that want to sit out of the game
  - f. Have small rewards for winners of the games and consider a large prize for the winner of the day